



Counseling & Mental Health Services

Career Goal (O*NET Code): Marriage and Family Therapist (21-1013), Rehabilitation Counselor (21-1015), Mental Health Counselor (21-1014), Substance Abuse & Behavioral Disorder Counselor (21-1011).

Cluster Overview: Preparing individuals for employment in career pathways that relate to families and human needs.

SUGGESTED COURSEWORK

EXTENDED LEARNING EXPERIENCES

High School	9th	Core Courses:	English I Algebra I Biology	World Geography Languages other than English I Health/PE or Equivalent	Curricular Experiences: Family, Career and Community Leaders of America	Extracurricular Experiences: Language Immersion Programs School Newspaper Speech & Debate Team Student Government UIL Academic Competition Yearbook				
		Career-Related Electives:	Personal and Family Development							
	10th	Core Courses:	English II Geometry Chemistry	World History Languages other than English II Technology Applications						
		Career-Related Electives:	Individual and Family Life or Preparation for Parenting or Child Development or Family Health Needs							
	11th	Core Courses:	English III Algebra II Physics	United States History Communication Applications PE or Equivalent			Career Learning Experiences: Career Preparation (Paid/Unpaid) Internship Job Shadowing	Service Learning Experiences: Campus Service Organizations Community Service Volunteer FACTS (Families Acting for Community Traffic Safety) Families First Peer Tutoring / Peer Mentoring STOP the Violence Student Body Summer-Camp Counselor		
		Career-Related Electives:	Services for Older Adults I* or Intergenerational Professions I* or Psychology or Languages other than English III							
	12th	Core Courses:	English IV AP Statistics Anatomy & Physiology	Government/Economics Fine Arts						
		Career-Related Electives:	Services for Older Adults II* or Intergenerational Professions II* or Family and Career Management or Independent Study or Languages other than English IV							
Postsecondary	On-the-Job Training	Community Youth Services Aide Personal/Home Care Aide	Preschool Aide/Worker Recreation Aide	Social Worker Aide		Professional Associations: American Mental Health Counselors Association American Public Human Services Association National Association of Social Workers Texas Association for Marriage & Family Therapy Texas Counseling Association Texas Psychological Association				
	Certificates	OSHA CareerSafe NOTE: Students may earn all or part of these certificates as part of the high school experience.								
Postsecondary	Associate's Degrees	15 hours of core curriculum including coursework that emphasizes multiculturalism, pluralism, and diversity Addicted Family Intervention (DAAC 2X07) OR Marriage & Family Issues (FMLD 1X53) OR Family Intervention Strategies (CMSW 1X53) Counseling Theories (DAAC 1X11) OR Interviewing and Counseling Theories (SCWK 2X11) OR Treatment Modalities with Special Populations (CMSW 1X27) Assessment and Service Delivery (CMSW 1X13) OR Assessment Skills (DAAC 1X09) OR Assessment and Case Management (SCWK 2X01) Special Problems of Youth (SCWK 2X07) OR Adolescent Life Cycle (SCWK 1X03) OR Problems of Children & Adolescents (SCWK 1X03) Introduction to Social Work (SCWK 1X13) OR Orientation to Social Services (SCWK 1X21) OR Introduction to Social Services (CMSW 1X01) OR Introduction to Mental Health and Retardation (PMHS 1X01) Basic Counseling Skills (DAAC 1X17) OR Interviewing & Counseling (SCWK 1X09) Dynamics of Group Counseling (DAAC 2X54) OR Group Work Intervention (SCWK 1X05) Abnormal Behavior (CMSW 1X45)			DAAC, SCWK, CMSW Practicum				Career Options: Addiction Counselor Trainee Group Worker/Assistant Personal/Home Care Aide Social Services Aide	
	Bachelor's Degrees	Child Psychology Developmental Psychology Health & Wellness Promotion	Human Development & Family Studies Psychology	Rehabilitation Services- Addictions Studies Sociology Youth & Community Studies	Career Options: Adult Educator Counseling Aide Rehabilitation Aide	Social Service Worker Volunteer Coordinator				
	Graduate Degrees	Allied Health Sciences- Clinical Gerontology Child Psychology	Counseling Psychology Developmental Psychology Family Ministry	Family Psychology Marriage & Family Therapy/Counseling	Career Options: Addiction Counselor Behavioral Disorder Counselor Family Counselor	Gerontology Counselor Marriage & Family Therapist Pastoral Counselor				

* May substitute for the required credit for Physical Education
** Satisfies the required credit for Technology Applications
*** May substitute for the required credit for Health Education

Students should take Advanced Placement (AP), International Baccalaureate (IB), dual credit, Advanced Technical Credit (ATC), or locally articulated courses, if possible.

This plan of study serves as a guide, along with other career planning materials, for pursuing a career path and is based on the most recent information as of 2007. All plans should meet High School graduation requirements as well as college entrance requirements. Students may select other elective courses for personal enrichment purposes.