



Family & Community Services

Career Goal (O*NET Code): Dietitian and Nutritionist (29-1031), Dietetic Technician (29-2051).

Cluster Overview: Preparing individuals for employment in career pathways that relate to families and human needs.

SUGGESTED COURSEWORK

EXTENDED LEARNING EXPERIENCES

High School	9th	Core Courses:	English I Algebra I Biology	World Geography Languages other than English I Health/PE or Equivalent	<p>Curricular Experiences: Family, Career and Community Leaders of America Health Occupations Students of America NASA Research Program STARS Research Program</p> <p>Career Learning Experiences: Career Preparation (Paid/Unpaid) Internship Job Shadowing</p>	<p>Extracurricular Experiences: Language Immersion Programs 4-H Youth Development Science Clubs Medical Mission Trips Speech/Debate</p> <p>Service Learning Experiences: Campus Service Organizations Community Service Volunteer Student Body</p>
		Career-Related Electives:	Personal and Family Development or Introduction to Health Science Technology AND Medical Terminology			
	10th	Core Courses:	English II Geometry Chemistry	World History Languages other than English II Technology Applications		
		Career-Related Electives:	Child Development or Nutrition and Food Science or Business Computer Information Systems I or Health Science Technology I***			
	11th	Core Courses:	English III Algebra II Physics	United States History Communication Applications PE or Equivalent		
		Career-Related Electives:	Food Science and Technology or Health Science Technology II* or Languages other than English III			
12th	Core Courses:	English IV Precalculus AP Biology	Government/Economics Fine Arts			
	Career-Related Electives:	Clinical Nutrition or Family and Career Management or Independent Study or Languages other than English IV				
Postsecondary	On-the-Job Training	Dietary Aide	Food Service Worker	<p>Professional Associations: American Association of Family & Consumer Sciences American Diabetes Association American Dietetic Association American Society for Nutrition Institute of Food Technologists Society for Nutrition Education Texas Association of Family & Consumer Sciences Texas Dietetic Association</p>		
	Certificates	Certified Food Manager	ServSafe© Certification OSHA CareerSafe			
	Associate's Degrees	<p>15 hours core curriculum that emphasizes multiculturalism, pluralism, and diversity Food Production and Planning (IFWA 1X17)OR Principles of Healthy Cuisine (CHEF 1X02)OR Menu Management (RSTO 1X21)OR Quantity Procedures (IFWA 2X46) Nutrition for the Food Service Professional (IFWA 1X18)OR Nutrition (FDNS 1X05) Dietary Manager II (DITA 1X01)OR Purchasing for the Hospitality Operations (RSTO 1X25) Human Relations (HRPO 1X11) Medical Nutrition Therapy I (FDNS 1X45) Sanitation and Safety (CHEF 1X05)</p>				
	Bachelor's Degrees	Dietetics	Foods and Nutrition Nutrition			
Graduate Degrees	Foods and Nutrition Food Science	Nutrition	Nutrition Science			

* May substitute for the required credit for Physical Education
** Satisfies the required credit for Technology Applications
*** May substitute for the required credit for Health Education

Students should take Advanced Placement (AP), International Baccalaureate (IB), dual credit, Advanced Technical Credit (ATC), or locally articulated courses, if possible.

This plan of study serves as a guide, along with other career planning materials, for pursuing a career path and is based on the most recent information as of 2007.
All plans should meet High School graduation requirements as well as college entrance requirements.
Students may select other elective courses for personal enrichment purposes.